



DIVE COURSES

PADI Courses



Peak Performance Buoyancy

PADI's Peak Performance Buoyancy Specialty Course is the perfect opportunity to hone your buoyancy skills. Perfect your buoyancy and you'll conserve air, energy & our precious environment. Some of the topics covered in your PPB program include: Peak Performance Buoyancy fundamentals, use of PADI's Basic Weighting Guidelines, positioning & distributing weight for comfort and desired body position (trim in the water), visualization techniques prior to dives, buoyancy checks, establishing neutral buoyancy during all segments of a dive, fine-tuning neutral buoyancy underwater & hovering.

TIME: Day One - 6:30 am - 3:00 pm or 7:00 am - 3:30 pm

PLACE: Maui Dive Shop Outlet (Kihei), Kahana Gateway Center, or Ma'alaea Shopping Village

DAYS: 1 Day - Daily upon Request

COST: Open Water Diver - \$149.95 plus tax, (\$199.95 Private) / Boat \$84.95 (Optional)

MATERIALS REQUIRED: None

NUMBER OF DIVES: 2 (May be done from boat)

REQUIREMENTS: PADI Open Water Certification or equivalent, Must have your own personal snorkeling system (mask, fins, snorkel, boots)

MINIMUM ENROLLMENT: 2 (private rate available)

AGE: 10 years old